Journal of Contemporary Narrative Therapy

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Editors' Note

We are pleased to announce the December 2025 release of the *Journal of Contemporary Narrative Therapy*. This issue brings together the work of practitioners whose writing emerges directly from practice—work shaped through close engagement with narrative ideas, ethical commitments, and lived therapeutic encounters.

A distinguishing feature of this release is that each of the featured authors participated in the *Apprenticeship in Contemporary Narrative Therapy* with David Epston, Kay Ingamells, and Tom Carlson. The articles reflect the apprenticeship's pedagogy: learning narrative practice from the inside out, through careful witnessing, co-research, and sustained attention to the effects of our words.

In **"An Apprenticeship in Extremis,"** *Jo Viljoen* offers a powerful, longitudinal account of therapeutic co-research conducted under conditions of profound risk. This article documents the emergence of narrative practice through lived urgency, ethical steadfastness, and collective witnessing.

In **"Narractivating Conversations with the Internalised-Other: A Therapy with a Little Bit of Fairy Dust,"** *Adriana Müller* explores innovative practices for engaging internalised others, demonstrating how imagination, playfulness, and rigor can coexist in deeply respectful therapeutic work. A Portuguese companion piece, **"Narrativando Conversas com o Outro Internalizado,"** extends this contribution to a broader linguistic and cultural readership.

Finally, "**In the Company of Awkwardness: Counter-storying Toughness in Therapy,"** by *Mauricio P. Yabar*, examines moments of discomfort and uncertainty as fertile sites for counter-storying, offering clinicians a nuanced account of how awkwardness can become an ally rather than an obstacle.

This issue also includes a poetic reflection by *Onix Morales Macías*, **"My Fascination with Inquiry / Mi fascinación con la pregunta."** Written in both English and Spanish, this piece traces the author's ethical and imaginative relationship with questions—understood not as techniques to be deployed, but as living territories that open worlds, protect dignity, and shape what becomes possible in practice and in life.

Together, these contributions reflect our hopes for contemporary narrative therapy: practice that is ethical, imaginative, grounded, and accountable to the lives it seeks to accompany.

Sincerely,

Tom Carlson, Ph.D.

Editor, Journal of Contemporary Narrative Therapy