



Journal of Narrative Family Therapy: Ideas and Practices in the Making

Editors: David Epston and Tom Stone Carlson

Editors' Notes

About this Release

We are excited to announce the second release of the Journal of Narrative Family Therapy. Since the inaugural release of JNFT in May 2017, we have received a number of exciting and innovative papers that we have been 'stockpiling' for the purpose of making more frequent releases available to the narrative therapy community. Rather than following a traditional journal release format of quarterly issues with a large number of papers, we intend to follow a more frequent release schedule so that new ideas and practices are made more readily available to those interested in narrative practices. This second release of JNFT marks the beginning of what we hope to be a monthly release schedule.

This release includes three innovative papers that are sure to interest readers of JNFT. The first paper entitled "Notes on Socio-narratology and Narrative Therapy" written by Art Frank brings together Art's long time interest in the relationship between Socio-narratology and the ways in which narrative therapy has perhaps 'understudied' stories, especially as it relates to what it is that makes up a 'good story.' The second paper entitled, "Lessons From Lucy: Reunion Questions, Creating Time Portals, and Helping People Witness Themselves in Narrative Therapy" written by Travis Heath and his colleagues Rowan Ramsey, Luke Riley, and Fernando Ocampo-Gomez introduces readers to a new innovation in narrative therapy questioning called "Reunion questions." These questions are an extension of David Epston's internalized other questions that involve conversations with past and future versions of one's self. The third paper entitled, "Miranda Returns" written by Miranda Brown, Tom Stone Carlson, and David Epston tells the ongoing story of Miranda and the dramatic transformations that have occurred in her life as a result of her experiences with Insider Witnessing Practices. This unique paper, based on a therapy interview that Tom had with Miranda, introduces readers to a new format for presenting transcripts in a more readable and story like form.





Exciting News from JNFT

marcela polanco named Co-Editor

We are excited to announce that marcela polanco has agreed to serve as a co-editor of JNFT. marcela will oversee the development of a new Inter-cultural and Inter-language section of JNFT. The purpose of the new section will be to publish original papers by authors in their local languages and contexts in the hopes to contribute to the ongoing efforts around the world to decolonize narrative ideas and practices. Look for a future announcement for further details about the Inter-cultural and Inter-language sections of JNFT.

For more information about marcela and her interests please [click here](#).

Spirit of Adventure Conferences

One of the visions that David and I have for the journal is to find ways to acknowledge and support the efforts of agencies that have and continue to make significant contributions to the development of narrative ideas and practices. It is particularly important to us that we acknowledge agencies that are working on the front lines, working with people whose lives are on the edge and often with very few resources to do so. We came up with the idea of co-sponsoring what we might call ‘Spirit of Adventure’ conferences with such agencies with the express purpose of raising the visibility of the agency and the important work that they are doing for their local communities and the larger narrative therapy community. Additionally, it is our hope that through co-sponsorship with JNFT, that these conferences might also bring a financial benefit to these agencies to help them to continue to carry out the important work that they do in their communities.

We are excited to announce that the very first ‘Spirit of Adventure’ Conference will be held on March 15-16, 2018 in Calgary, Alberta, Canada. The conference will honor the important contributions that the Calgary Women’s Health Collective has made to the development of narrative therapy ideas and practices in the local Calgary community and beyond. The conference will follow a unique format that embraces a spirit of partnership where members of the Calgary Women’s Health Collective will present alongside David Epston and Tom Stone Carlson in an effort to highlight the ways that they are innovating narrative ideas and practices. Given that the conference is so very near the 10 year anniversary of Michael White’s death, we will also offer a tribute to Michael and his influence on our lives and work.

For more details about the conference including information on how to register for this unique event please see the flyer found in this release.

