



Journal of Contemporary Narrative Therapy

Editors: Tom Stone Carlson, Sanni Paljakka, marcela polanco, and David Epston

Editor's Note

We are pleased to announce the newest release of the Journal of Contemporary Narrative Therapy. This release includes our second Spoken Word Publication with Dr. Afiya Mbilishaka called “Adorning Black Bodies: Race Narrative Therapy in Black Hair Care Spaces.” In this interview, Dr. Mbilishaka highlights her innovative development of “Psychohairapy” which brings narrative therapy into the already politicized black hair care spaces to counter the effects of racism on black lives and bodies.

The second publication in this release is a paper by Sanni Paljakka called “What’s So Narrative about Narrative Therapy.” In this paper, Sanni takes up Michael White’s call to propose alternative metaphors for narrative practice that can answer the question, “What is rich story development?” Her answer to this question just might surprise you.

The last publication in this issue is a paper by David Epston called “How Michael White Came Up with the Idea of Externalizing: An Educated Guess.” Here, David reminisces about a book that he discovered, “Social Reality” (1973), edited by Farberman and Goode, that he subsequently lent to Michael which may very well have paved the way for the naming of the practice of externalizing.

