

A hope for intimate liberation: Activism in the therapy room

Sacha Mèdinè- Vancouver, British Columbia, Canada

In this interview, Sacha Mèdinè, talks about the ways in which he has attempted to answer the question, "What do I need to do to justify therapy as my form of activism?" While there has been much debate about the need to get outside of our offices in order to do justice work, Sacha, highlights the powerful ways that racism/white supremacy, sexism/male supremacy (and all of the other isms) have real and embodied effects on both marginalized and privileged persons and a hope and a demand for therapy to provide a healing space for intimate liberation.

This publication is available in both video and audio format:

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