Journal of Contemporary Narrative Therapy

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Editors' Note

We are pleased to announce the August 2026 release of the Journal of Contemporary Narrative Therapy. The four papers in this issue examine how questions shape therapeutic conversations, how narrative practice can preserve hope and dignity at the end of life, how wonderfulness inquiries bring forward people's moral character and preferred identities, and how insider witnessing practices can help people feel acknowledged and come to see themselves in new ways.

In **"What Is a Good Question—and What Does It Do? A Forty-Year Reflection on Inquiry in Narrative Therapy,"** *David Epston* shares his keynote address from the 2025 Contemporary Narrative Therapy Conference. Reflecting on more than four decades of narrative practice, he examines how every question influences what can be said and how carefully crafted inquiry can lead people toward the "not yet known."

In **"Co-Evolving Meaning with Narrative Therapy: Practices That Preserve Hope and Dignity at the End of Life,"** *Sasha McAllum Pilkington* shares her conversations with Tom, a man living with terminal cancer who described himself as being on a "journey to wellness." Her story shows how hope and dignity can be preserved as a person approaches death.

In **"Kay Ingamells on the Wonderfulness Interview in Narrative Practice,"** *Lawrence Rubin* speaks with Kay Ingamells about how wonderfulness inquiries bring forward people's moral character, commitments, virtues, and hard-won ways of being. Their conversation considers how wonderfulness inquiries can offer an alternative to understanding people primarily through a lens of pathology, stigma, or diagnosis.

Finally, in **"I Could See Myself in Her … Practising Insider Witnessing in Supervision,"** *Catherine Mengelle, Sophie Bouhier, and Sandrine* share a story on how, through the use of Insider Witnessing Practice, Catherine and Sophie were able to bring forward new understandings and acknowledgement for not only themselves, as therapist, but also their client, their relationships, and their preferred ways of being.

We hope you enjoy reading these papers as much as we enjoyed bringing this issue together!

Sincerely,

Tom Carlson, Ph.D.
Editor, Journal of Contemporary Narrative Therapy