



## Narrative Therapy News and Training Opportunities

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### *Trainings and Workshops*

#### **“Narrative Responses to Trauma and Other Unstories” Workshop Presented by Sanni Paljakka & Tom Stone Carlson, March 28<sup>th</sup> – 29<sup>th</sup>, 2025**

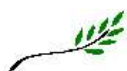
Narrative therapy practices are uniquely suited to reauthor the gripping effects of trauma and difficult life experiences. A narrative approach to working with trauma provides a thoughtful and personalized counter to conservative and manualized heavy-handed traditions of trauma theory that often place people in a position of a victim or passive recipient of the difficult events of their lives. An important part of the narrative therapy’s counter to traditional approaches to trauma, is the repositioning of the person as an active agent who is always and already responding to difficult life events. This workshop will highlight key theoretical concepts, political considerations, and practice-based case examples that illustrate the potential for joy, robustness, and vicarious empowerment in our work amidst dangerous stories. As always, we will show our work by way of session transcripts, videos, and therapeutic poems.

**Registration now open:** <https://www.socalnarrativetherapy.com/event-details-registration/narrative-responses-to-trauma-and-other-unstories>

#### **Apprenticeship in the Artistry of Narrative Practice with David Epston**

Immerse yourself in this unique year-long apprenticeship with David Epston’s narrative therapy practice. This is the only place in the world where you can learn directly from the co-originator of narrative practice together with his closest colleagues. We use a unique pedagogy developed over decades for teaching advanced narrative therapy practice. Nowhere else can you experience such intensive training that takes place within a very detailed story of your own therapy sessions and that of others.

This is a boutique learning experience, with between 6-10 apprentices in each cadre. New group will be starting at the end of May 2025.





The course will take place in an online learning community made up of like-minded, skilled narrative practitioners from all over the world. For more information go to: <https://narrativeapprentice.com/>

**Save the Date: 2<sup>nd</sup> Annual Contemporary Narrative Therapy Conference, November 6<sup>th</sup> – 8<sup>th</sup>, 2025**

Don't miss the 2nd Annual Contemporary Narrative Therapy Conference. We are committed to bringing together some of the brightest thinkers and talented therapists who are working to reimagine narrative therapy for our contemporary times and problems. This unique workshop style conference offers participants an in depth look at the latest thinking in contemporary narrative therapy.

For more information and how to register:

<https://www.socálnarrativetherapy.com/event-details-registration/2nd-annual-contemporary-narrative-therapy-conference>

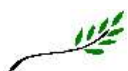
JCNT Subscribers can use code “JCNT 2025” to receive a discount.

**Three Interviews with David Epston**

Counterstories, Wonderfulness Enquiries, Witnessing Practices, & Possibilities for the Future with David Epston & Kay Ingamells.

This course demonstrated David’s innovative teaching methods to teach the craft and art of narrative inquiry training using immersion learning through transcripts and internalized other questioning to focus on three interviews: 1) David’s well-known interview and follow-up seven years later with Sebastian; 2) David’s interview with counselor Viola who has met 8 times with 16-year-old Joel, and then 5 minutes in, he begins to interview her as Joel; 3) David’s interview with social worker Karen as Jane and then as Jane’s son, Tim. Each time, David and his close colleague Kay Ingamells review a recorded interview, alongside a transcript, paying close attention to questions and reflections. Relevant papers, essays, commentaries and opportunities for registrants to contribute are integrated throughout the course.

For more information go to: <https://reauthoringteaching.com/narrative-training/ce-courses/buses-dont-run-yet/3-interviews-david-epston/>





## ***Books on Narrative Work***

### ***So You Want to Learn Narrative Therapy? Letters to an Aspiring Narrative Therapist by Sanni Paljakka & Tom Stone Carlson***

*So You Want to Do Narrative Therapy?* is an engaging and accessible introduction to contemporary narrative therapy practice. Each of the ten chapters is written in the series of letters personally addressed to a real student who is learning how to do narrative therapy at a narrative therapy agency. Each letter highlights the most useful discoveries during the authors' years of practicing in a narrative therapy agency, both as a therapist and as supervisors. Each letter also contains transcripts from therapy sessions showing the principles and practices in action and ends with a therapeutic poem that was given to the client based on their own words from a therapy session. While written for narrative therapists at any level of experience, this book is especially useful for graduate-level theory courses in therapy training programs in counseling, psychology, social work, and family therapy.

For more information and to purchase a copy, please visit:

<https://www.routledge.com/So-You-Want-to-Do-Narrative-Therapy-Letters-to-an-Aspiring-Narrative-Therapist/Paljakka-Carlson/p/book/9781032755120>

JCNT Subscribers can use code "EFLY03" to receive a discount.

### ***So You Want to Do Narrative Therapy? The Radical Therapist Video Interview***

Dr. Chris Hoff sits down with Sanni Paljakka and Tom Stone Carlson, authors of *So You Want to Do Narrative Therapy? Letters to an Aspiring Narrative Therapist* to discuss the inspiration behind their innovative book, which blends real client transcripts, personal reflections, and practical guidance into a heartfelt conversation for therapists in training. Sanni and Tom explore themes such as the role of "unstories," the power of counterstories, and how narrative therapy can dismantle oppressive Master Narratives. This engaging episode offers valuable insights into narrative practice, inviting listeners to reimagine therapy as a space for justice, freedom, and collaborative storytelling.

To view the full video, please visit: <https://youtu.be/Jxwp1poFs8?si=G2iYZZ13rTCXrLqy>

